



2023 Year in Review

CUMI is surely recovering from the COVID-19 pandemic. Since January 2023 there has been an increase in the number of clients attending the CUMI Day Centre.

The clients have returned to their usual daily attendance, engaging in activities of daily living i.e. the completing of their personal hygiene, daily upkeep and cleanliness of the premises, assigned kitchen and household chores, outdoor games, board games etc.

In keeping with psychiatric rehabilitation the clients' medications and clinic appointments continue to be monitored. The clients are being taught proper time management skills and also adherence to medication counselling for the ones who take medications independently.

We have had 5 new admissions since the start of the year with 2 readmissions. 2 clients have been rehabilitated this year and obtained jobs.

On-going counselling services are provided for clients and family members who have issues or concerns that need to be addressed or education about the use and the role the medication plays in the clients' mental wellness. This is done by our volunteer psychologist.

Various church groups visit twice per month to conduct devotion exercise and socially interact with the clients. They also serve monthly lunches and breakfast when they visit.

The Halfmoon hotel c/o Mr. Ian Smith continues to serve delicious meals every 4th Wednesday of each month and special thanks to Hall's Investment for sponsoring our cooking gas every month.

UWI and UTECH nursing students continue to do their practicum at CUMI. They engage the clients in various games and also conduct group therapy sessions with presentations on Schizophrenia, Stress Management, Marijuana, Cocaine, Cigarette smoking and the effects of these drugs on the body.



The Tryall-CUMI Charity Golf Tournament

On the 2nd of September 2023 CUMI held their annual fundraising event- The Tryall-CUMI Charity Golf Tournament. The event was well supported by our sponsors- The JMMB Joan Duncan Foundation, Stewarts Auto Group, S Hotel Jamaica, Bluefields Villa, Fontana Pharmacy, Wisynco, BCMG Insurance Brokers, CMK Bakery, Advantage General Insurance, Aperol Spritz, GK Insurance, Doctors Cave Beach, Rainforest, Boomerang Tyres, FCIB, Discount Lumber Ltd, Teshuva Wellness, Tryall Golf, TipSip Nails Bar, CPJ, Secrets Hotel and Resorts, Sandals Resort, Chukka Foundation. Our target was met and it was a great day.



Every last Friday of each month is now proposed as CUMI Beach day.

CUMI continues to receive calls regarding persons seeking support for living accommodation for relatives or friends with mental health challenges.