

## 2024 YEAR IN REVIEW

Oh! What a year it has been!

The clients continue in their usual routine activities, which includes daily living skills that improve and support their mental wellness. They carry out cleaning of the facility and they also maintain the property on a daily basis, doing household chores and also collecting breads from the bakery etc.

Since January we have had 2 new admissions with 2 clients being rehabilitated.

CUMI provides breakfast and lunch and we serve approximately 380 meals per trimester.

While at CUMI, the clients' daily prescription routine and clinic visits are overseen. Every client receives an evaluation and follow-up for mental health at the Type V Health Center, the Cornwall Regional Psychiatry Clinic or the community satellite clinics.

For clients and family members who require ongoing counselling, instruction regarding the use or the taking of medication and its impact on the clients' mental health there is a volunteer psychologist who visits up to 3 times per month on occasions. We also now have a volunteer occupational therapist available.

CUMI concentrates on every aspect of the clients' wellness. In light of this, different Church groups such as The Church of Jesus Christ and The Burchell Baptist Church visit twice per month to engage the clients in social activities and also host devotion. They also serve breakfast and lunch on specific days of the month.

CUMI also hosts visiting institutions that gives health talks and give gifts to the clients. One of which is The National Council on Drug Abuse; their psychologist also visits CUMI twice monthly to give counselling to clients who still struggle with smoking habits.

Our 2024 Tryall CUMI Charity Golf Tournament was a huge success. Our target was exceeded and everyone had a good time. Highlights from the day can be seen on our website at [cumimobay.org](http://cumimobay.org) and on our Instagram page at [cumimobay](https://www.instagram.com/cumimobay). Our sponsors this year are as follows and once again heartfelt thanks and appreciation to all:

- Tryall Golf Club
- Stewart's Automotive Group
- JMMB Joan Duncan Foundation

**Board of Directors:** Chairperson: **Catherine (Trina) deLisser**, Vice Chairperson: **Lynda Langford**, Treasurer: **Deborah Louw**, Secretary: **Sonia Daley-Clarke**, Jacqueline Hall- Hamilton, Carline Porter, Paul G. Thompson, Sharon Berry, Jane Fray

CUMI Day Rehabilitation Centre, Isaac Dylan Drive, Brandon Hill, P.O. Box 1751, Montego Bay 2 St. James, Jamaica W.I.  
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- Appleton Estate
- Grace Kennedy General Insurance
- Rainforest
- BCMG Insurance Brokers
- Discount Lumber & Hardware Ltd
- Boomerang Tyre Sales
- ICWI
- Doctors Cave Bathing Club
- Teshuva Wellness
- Fontana Pharmacy
- CIBC
- The Pinnacle

Our Gift-in Kind donations this year came from:

- Boomerang Tyres
- Jane Fray
- Burchell Baptist Church
- Church of Jesus Christ (Perry St)
- Halfmoon Hotel c/o Ian Smith
- BirdShack Ltd
- St. James Bakery
- Jacqueline Hamilton
- Joan Manderson
- Richard Whitfield
- Lodge Columbus c/o Brian Brown
- Sonia Daley Clarke
- Brian Langford
- Albion Primary & Junior High
- JMMB Foundation c/o Kim Mair
- S Hotel c/o Mr. Christopher Issa
- Trina deLisser
- Paulette Waite
- Seprod Group of Companies
- Bentley Pinnock
  
- UWI Nursing Students Union
- Laparkan Ltd

There are committed cash donors monthly than contribute to CUMI in order to keep the organization functioning.

The clients had the opportunity to perform at the Albion Primary & Junior High School's Carol Service. This was so enjoyable they were requested to do the performance twice!

Our year ended with a Christmas luncheon held at CUMI for the clients and their families. This was well put together and had the clients and everyone smiling from ear to ear and with applauses, enjoying items from the clients. These were in the form of songs, done by groups and individually, poems, a dance by a client and the Administrator dancing to Sister Nancy's "What a Bam Bam."

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Everyone enjoyed lunch provided by Half-moon c/o Mr. Ian Smith along with a cake. Mr. Bentley Pinnock provided ice cream and Director Lyn Langford also provided a cake. Everyone enjoyed!

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